PEMBROKESHIRE COUNTY COUNCIL: LEADER'S CORONAVIRUS UPDATE, WEDNESDAY, 13TH MAY

Pembrokeshire County Council Leader, Councillor David Simpson, has provided a further coronavirus update for Wednesday, 13th May, as follows:

'I want to start today by thanking everyone for supporting the fight to tackle the pandemic.

'We need to appreciate that we are all in this together. Nobody should feel isolated or alone in tackling this virus. The virus has no boundaries and doesn't target any specific individuals - it can affect any of us.

'It is difficult, at times, to really appreciate the impact this is having on our lives today and what the future may hold. Every day we are heading towards the new normal.

'Although it is still too early to fully map out the road to recovery, County Council officers are actively working on the recovery plans and actions that we will need to take and I want to personally thank them for undertaking this important work.

'Everyone's well-being is vitally important and if you need support or advice, please check out the information on our website at: <u>https://www.pembrokeshire.gov.uk/coronavirus-advice-and-</u> <u>guidance/well-being</u>

'The 'stay-at-home' regulations ask the public to think very carefully before they leave their house. They state that people must have a reasonable excuse for leaving home. For example:

- shopping for essentials
- going to work (but only if you cannot work from home)
- receiving healthcare
- exercising.

'Every time we leave home, there is a risk we will come into contact with the virus, increasing its spread and increasing the risk to ourselves.

'I want to thank our "care in the community" teams. Making sure people are kept safe is a vital element to fighting this virus.

'I am humbled by the way care staff every day offer the friendly link to people living at home. To them I say: you are providing a vital service which everyone recognises and you should be proud of your role. 'I have had feedback that people who need support truly are grateful and that you give them the help they need and a link to the outside world. You make them smile.

'We should never forget that a simple hello or a smile can make a huge difference to someone's well-being.

'I know this situation is hard for everyone. We have been hit by a huge storm that has had such a massive impact on our lives.

'But I urge you, please keep going; keep strong; support each other where you can but remember to keep safe and at home. And remember social distancing is so important.

'So come on everyone, pick up the phone tonight and say hello to someone you have not spoken to for a while. I guarantee it makes a difference. Make someone laugh, make someone smile.

'Thank you Community Pembrokeshire – we will get through this together.

'The following coronavirus-related press release has been issued since my last update yesterday:

 Pick It Up Plea To Dog Owners: <u>https://www.pembrokeshire.gov.uk/newsroom/pick-it-up-plea-after-rise-in-countryside-dog-fouling-complaints</u>

[']Public Health Wales is updating and adding to their resources regularly. Please find all assets here: <u>https://phw.nhs.wales/topics/latest-information-on-novel-coronavirus-</u>

covid-19/coronavirus-resources/

'Also, please keep an eye on our newsroom at:

https://www.pembrokeshire.gov.uk/newsroom

'And to get daily email updates, log onto our website and sign into My Account at:

https://myaccount.pembrokeshire.gov.uk

'Don't risk catching or spreading the virus, why risk it? Remember: Stay Strong, Stay Safe and Stay at Home. Thank you.'

Useful links:

- <u>www.pembrokeshire.gov.uk/coronavirus</u>
- <u>www.sir-benfro.gov.uk/coronafeirws</u>
- https://phw.nhs.wales/
- <u>lechyd Cyhoeddus Cymru Coronafeirws Newydd (COVID-19)</u>
 <u>- Cyngor hunan-ynysu</u>
 <u>https://www.gov.uk/government/collections/coronavirus-covid-19-list-of-guidance</u>