

Hywel Dda Community Health Council

What's news

Current projects

ORTHODONTICS (teeth straightening) AND YOUNG PEOPLE

Calling all parents / guardians and young people.

We have received many concerns over the access to orthodontic services for young people who tell us how upsetting this is for them.

Long waiting times (2 years is not unusual); having to travel long distances to reach clinics; pupils having to take a whole day from school; parents/ guardians having to take annual leave for the drive to and from clinic are just a few examples of what families are facing.

Do these sound familiar to you?

By completing our survey, we will be able to share your experiences with the Health Board and Welsh Government. There is still time for you to answer a few questions – no personal information asked.

Deadline end of March 2020!

CHC Survey :<https://tas.survey-me.com/take-a-survey/68n1>

Your concerns

43 new enquiries were received at the office this month. This is a breakdown:

10 were about GP Practices

14 were about the hospitals

4 were about lack of patient information

1 about out of hours GP services

1 support at patient's home

13 varied concerns

If you need help – just let us know.

Help us to help you!

What's new ?

Three pharmacies in Carmarthenshire have opened their doors to the public on a **Sunday** as part of a trial in the region. They are:

- Gravells Pharmacy, Llanelli - open 10am – 1pm
- Nigel Williams Pharmacy, Llandeilo - open 12pm -2pm
- Nigel Williams Pharmacy, Cross Hands - open 3pm – 5pm

Further information available on [Hywel Dda UHB's website](#)

Public Health Wales statement on Novel Coronavirus outbreak in China

Updated: Thursday 5 March 2020

Dr Giri Shankar, Incident Director for the Novel Coronavirus (COVID-19) outbreak response at Public Health Wales, said:

Following the announcement by the Chief Medical Officer for Wales of a further Novel Coronavirus (COVID-19) case in Wales, Public Health Wales can assure the public that there is no additional risk to the general public.

"The Chief Medical Officer has confirmed that the patient had travelled back to Wales from Northern Italy, where the virus was contracted. Public Health Wales is in the process of identifying and contacting close contacts, and we are taking all appropriate actions to protect the public's health.

"The individual is exhibiting mild symptoms and has been in self-isolation since their return to Wales.

"The patient has been assessed by a specialist infectious disease consultant and is being managed in an appropriate setting, with monitoring on a daily basis.

Coronavirus presents with flu-like symptoms including a fever, a cough, or difficulty breathing. The current evidence is that most cases appear to be mild.

Members of the public are advised to help protect themselves and others by always carrying tissues, and using them to catch coughs or sneezes. They should bin the tissue, and to kill the germs, wash their hands with soap and water, or use a sanitiser gel. This is the best way to slow the spread of most, including Coronavirus.

The UK Department for Health and Social Care has issued advice for returning travellers. We would encourage travellers to check the guidance, especially those returning from China, Thailand, Japan, Republic of Korea, Hong Kong, Taiwan, Singapore, Malaysia or Macau in the last 14 days."

Coronavirus presents with flu-like symptoms including a fever, a cough, or difficulty breathing. The current evidence is that most cases appear to be mild. The latest information and travel advice is available from:

- a) [DHSC and Public Health England \(PHE\)](#)*
- b) [Foreign and Commonwealth Office \(FCO\)](#)*
- c) [The Welsh Government](#)*

[Public Health Wales issue daily updates at 15:00](#)

Our meetings

Want to learn more about what we do? CHC meetings are held 'in public' and you are welcome to attend as an observer to see what is going on. We try to hold them in different places so that lots of different people can come to us.

Our committees:

The **Executive Committee** is the decision making arm of the CHC. It agrees our programme of work so that the day to day business of the CHC may be carried out effectively. The Committee makes sure that we meet our aims and act effectively as the voice of the patient and public within the NHS.

Details of next Executive Committee meeting

10 March	Letterston Memorial Hall, SA62 5RY	10:00 – 14:30
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We may have to change the time and venue of our meetings from time to time at short notice. We try to use local community venues and sometimes there are things that arise which are out of our control.

Please check our [website](#) for up to date information before you set out to come to one of our meetings. Please contact the office if you would like a copy of any meeting agendas or minutes.

Getting to know us

If you have not yet had the opportunity of meeting with us at one of the engagement events we attend, you may well find us popping up at a shopping centre or hospital near you, why not come on over and say 'hello' it would be great to meet and chat with you.

We'd be delighted to come along and talk to your community group, just drop us a line hyweldda@waleschc.org.uk

Hello to



Staff and members extend a warm to returning member Dr Barbara Wilson. Having previously served only 4 years out of a 10 term of office, Barbara has recently re-joined as a Third Sector Representative. Barbara brings with her an extensive knowledge and wealth of experience of NHS services. Croeso Cynnes.

One more thing

New park and ride service for Glangwili Hospital (PR2)

A new shuttle service started in February will run directly between Nantyci car park and Glangwili Hospital.

[The Carmarthen park and ride service PR2](#) will leave Nantyci car park at 0700, then every half hour until 2130.

The PR1 park and ride service (via Carmarthen town) will continue as normal. Cost for the service is £1 for a day return ticket, with free travel for children under 16 if accompanied by an adult.

This service is free for all Hywel Dda UHB employees.



[**www.communityhealthcouncils.org.uk/hyweldda**](http://www.communityhealthcouncils.org.uk/hyweldda)



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