## Community Health Councils are looking for members!

Do you have an interest in your local NHS?

Do you want to improve local health services in your area?

Do you have 3-5 days free per month to become a volunteer?

We are looking for volunteers from all walks of life - to help us improve the NHS locally and nationally. CHC members are local volunteers who act as the eyes and ears of patients and the public; listening to their concerns and working with the health service to improve the quality of patient care.

Members are asked to give the equivalent of three to five days a month; training will be provided and any 'out of pocket' expenses such as travel will be reimbursed.

For further information, please contact Hywel Dda CHC on: 01646 697610 or